

I. LISTENING: (2,0 Pts)

PART 1: Listen to a conversation between Mark and Lan and mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

Question 1. What is Lan's dad's profession?

- A. IT developer. B. Doctor. C. Bank accountant. D. Teacher.

Question 2. Which of the following is NOT true about Lan's dad?

- A. He often has demanding schedules. B. He works long hours.
C. He seldom works on night shifts. D. He catches up on sleep during the day.

Question 3. Why did Mark's mum quit her job as a teacher?

- A. She found teaching too challenging. B. She wanted to take better care of Mark and his brother.
C. She wanted to pursue a different career. D. She had some health problems.

Question 4. What career is Mark considering for himself?

- A. IT developer. B. Bank accountant. C. Primary teacher. D. Doctor.

Question 5. What can be inferred about Lan and Mark's parents?

- A. They work in the same industry. B. They impact their children's career choices.
C. They have well-paid jobs. D. They work flexible hours.

PART 2: Listen to a talk about urbanisation and decide whether the following statements are true (T) or false (F).

Question 6. The talk is about the effects of and solutions for urbanisation.

- A. True B. False

Question 7. The most important reason for urbanisation is economic expansion.

- A. True B. False

Question 8. People get better jobs and healthcare in big cities.

- A. True B. False

Question 9. The most serious environmental effect to people in cities is noise pollution.

- A. True B. False

Question 10. The speaker will probably talk about the future of urbanisation in the next part.

- A. True B. False

II. LANGUAGE: (2.0 pts)

PART 1. Read the following advertisement and circle the letter A, B, C, or D to indicate the correct option that best fits each other numbered blanks from 11 to 15.

HA LONG BAY – A NATURAL WONDER**Why visit Ha Long Bay?**

- Take an unforgettable (11) _____ and explore one of the world's most beautiful bays.
- Admire thousands of limestone islands rising (12) _____ the emerald waters.
- Discover picturesque caves and enjoy fresh seafood, which (13) _____ on floating restaurants.
- (14) _____ as a UNESCO World Heritage Site, Ha Long Bay attracts millions of tourists every year.
- The bay is full of (15) _____ caves and grottoes, waiting for you to explore!
-

Question 11: A. travel

B. voyage

C. trip

D. adventure

Question 12: A. in

B. on

C. at

D. from

Question 13: A. served

B. serves

C. serve

D. is served

Question 14: A. Recognizing

B. Recognized

C. To be recognized

D. To recognize

Question 15: A. mystery

B. mysterious

C. mysteriously

D. mystify

PART 2. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 16 to 20

Green living is becoming increasingly popular as people realize the importance of protecting (16) _____ environment. Instead of relying on harmful chemicals, many households now (17) _____ natural cleaning products made from ingredients like vinegar and baking soda. People are also encouraged to reduce waste by recycling and reusing items. Moreover, green living promotes the use of (18) _____ energy sources, such as solar or wind power, which are much more sustainable than fossil fuels. This lifestyle not only helps protect the planet but also brings about a healthier life. For example, cycling or walking to school or work improves physical health and reduces pollution. (19) _____ we may face challenges when changing our habits, every small effort counts. Communities around the world are starting to create green spaces, plant more trees, and ban single-use plastics. Governments, on the other hand, must provide support and create policies that promote sustainability. Understanding the long-term (20) _____ of our actions is essential if we want to build a greener, cleaner future for the next generations.

Question 16: A. some

B. a

C. an

D. the

Question 17: A. give up

B. throw away

C. take over

D. turn to

Question 18: A. renewable

B. renew

C. renewing

D. renewal

Question 19: A. Because

B. Although

C. So

D. Unless

Question 20: A. decisions

B. results

C. impacts

D. effects

III. READING: (2,0pts)

PART 1: Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks from 21 to 25.

Living sustainably means making everyday choices that benefit both you and the planet. One effective strategy is to shift toward a plant-based diet, which is healthier and reduces environmental impact—livestock farming accounts for over 50% of emissions in food production, while plants emit much less. Reducing food waste also plays a critical role: wasted food consumes nearly 25% of the world’s freshwater supply and produces large amounts of methane when it decomposes in **landfills**. Simple actions like planning meals, storing food properly, or composting can significantly reduce this waste.

Another important step is to avoid fast fashion—cheap, disposable clothing that quickly ends up in landfills. Globally, the fashion industry is responsible for around 10% of total carbon emissions, and millions of tons of textile waste are generated each year. Choosing quality items that last longer, reusing second-hand clothes, or joining clothing swaps are all ways to reduce this impact.

Embracing slower, more mindful consumption or even a no-spend month can change habits and encourage sustainable purchases.

For long-term benefits, households can also upgrade their homes for efficiency, such as installing solar panels. Although the upfront costs are higher, panels are low-maintenance and pay for themselves over time. **It** refers to the practice of using solar panels, which represents a shift toward a more responsible way of living. Combined with other renewable technologies, solar energy reduces dependence on fossil fuels and helps communities move toward a cleaner future.

Together, these choices—better diets, mindful consumption, and energy-saving upgrades—create a powerful impact. While no single action is enough, adopting multiple sustainable habits can build a greener lifestyle and protect our planet for generations to come.

Adapted from https://earth.org/sustainable-life/?utm_source

Question 21. What is the main idea of the passage?

- A. Tips for a healthy lifestyle
- B. Practical ways to live more sustainably
- C. Benefits of solar energy only
- D. The dangers of fast fashion

Question 22. The word “*landfills*” in paragraph 2 is closest meaning to _____.

- A. waste dumps
- B. factories
- C. quarries
- D. recycling centers

Question 23. The word “*It*” in paragraph 3 refer to:

- A. Plant-based diets
- B. Solar panels
- C. The practice of using solar panels
- D. Fast fashion items

Question 24. Which of the following is NOT mentioned as a sustainable choice?

- A. Eating more plant-based meals
- B. Reducing food waste
- C. Participating in fast fashion trends
- D. Installing solar panels

Question 25. What can be inferred from the passage?

- A. Fast fashion is the only contributor to environmental harm.
- B. Small lifestyle changes cannot make a significant difference.
- C. Sustainable habits across areas can lead to long-term benefits.
- D. Solar panels are always cost-inefficient.

PART 2: Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 26 to 30.

URBANISATION: A GROWING PHENOMENON

Urbanisation is the process through which cities grow, and higher populations begin to inhabit urban areas. This phenomenon has **accelerated** significantly over the past few decades due to various factors. One of the primary drivers is the search for better employment opportunities. In rural areas, job prospects are often limited to agriculture and small-scale industries, which might not provide sufficient income. Consequently, people migrate to cities seeking better livelihoods and living standards.

Additionally, urban areas offer more advanced educational facilities and healthcare services compared to rural regions. Many families move to cities to provide their children with higher-quality education and greater future opportunities. Access to hospitals and specialized medical services also attracts people to urban centers, especially in countries where rural healthcare is underdeveloped.

However, rapid urbanisation brings about several challenges. Overcrowding in cities can lead to inadequate housing, strained infrastructure, and increased pollution. The expansion of urban areas often results in the loss of green spaces and agricultural land, impacting food production and the environment. Governments and city planners must address these issues to ensure sustainable urban growth.

Despite these challenges, urbanisation has several positive aspects. Cities are often cultural melting pots, where diverse groups of people interact, leading to vibrant communities and innovation. The concentration of resources and talents in urban areas can drive economic growth and technological advancements.

(Adapted from <https://copilot.microsoft.com>)

Question 26: The word **accelerated** in paragraph 1 is **OPPOSITE** in meaning to ____.

- A. decelerated B. increased C. progressed D. hastened

Question 27: Which of the following is **TRUE** according to the passage?

- A. Urbanisation has few positive aspects in economic growth.
 B. Rural areas have better infrastructure than urban areas.
 C. Urbanisation creates employment opportunities in cities.
 D. Overcrowding can lead to inadequate housing in urban areas.

Question 28: Which of the following is NOT mentioned as a reason for urbanisation?

- A. better employment opportunities B. improved transportation systems
 C. superior healthcare services D. advanced educational facilities

Question 29: In which paragraph does the writer mention the impact of urbanisation on the environment?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Question 30: What is the main idea of the passage about urbanisation?

- A. Urbanisation provides better healthcare and education, but rural areas are still more sustainable.
 B. Urbanisation is driven by the search for better opportunities and brings both benefits and challenges.
 C. The biggest problem of urbanisation is the loss of agricultural land and green spaces.
 D. Urbanisation only leads to overcrowding, pollution, and environmental issues

IV. WRITING: (2.0 pts)

PART 1: Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 31 to 32.

Question 31.

- a. Finally, would you mind telling me if there are native German-speaking teachers at your language centre?
- b. First, could you please let me know whether there are German courses at your language centre?
- c. Dear Sir or Madam, I am writing to ask for some information about the language courses at your language centre.
- d. I look forward to hearing from you.
- e. Yours faithfully,
- f. Next, I would also like to know how long the course for beginners lasts and how often classes take place.

A. c - d - b - f - a - e B. c - f - b - a - e - d C. c - b - d - f - a - e D. c - b - f - a - d - e

Question 32.

- a. Next, it enables you to build better relationships with people because through frequent sports you can get to know a lot about others' personalities.
- b. First, playing sports helps reduce the stress and gives you more energy in your life.
- c. In short, people should play sports regularly because it brings lots of advantages.
- d. Lastly, it improves your health. When playing sports, the body is protected from different types of harmful bacteria and viruses.
- e. Playing sports brings a lot of advantages.

A. e - a - b - d - c B. e - b - a - d - c C. b - a - d - c - e D. c - b - a - e - d

PART 2: Finish the following sentence in such a way that it means the same as the one printed before it:

Question 33. The last time I met him was 4 months ago.
=> I haven't MET HIM FOR 4 MONTHS.

PART 3: Combine the following simple sentences, using the words in brackets:

Question 34. He left school with no academic qualifications. He found a well-paid job. (although)
=> **ALTHOUGH** he left school with no academic qualifications, he found a well-paid job.

Question 35. Plastic takes hundreds of years to decompose. It is certainly not good for the environment. (which)
=> Plastic takes hundreds of years to decompose, **WHICH** is certainly not good for the environment.

PART 4: (1pt) Write a job application letter (about 80-120 words) for a part- time job server.

- Use the suggestions below:

- . Reason for writing.
- . Relevant qualities and skills.
- . Other relevant information.
- . Relevant experience.

V. SPEAKING: (2.0 pts)

TOPIC 1: Talk about a person you admire most.

You can use the following cues:

- Name
- Date and place of birth
- Career
- Achievements
- Your feelings about him/her

Questions:

1. Why do you admire him/her?/ What qualities of his/ hers which make you admire most?
2. What qualities, according to you, are required for any person to be admired?

TOPIC 2: Talk about the effects of globalization on cultural diversity.

You can use the following questions as cues:

- What is globalisation?
- How does globalisation impact cultural diversity in the world?
- What are some examples of effects of globalization on cultural diversity?

(cuisines, fashion styles, music)

Questions:

1. How has globalisation affected people's eating habits/ fashion styles/ taste for music?
2. Do you think it is good or bad when one country's culture is affected by globalisation? Why?

TOPIC 3 : Talk about eco-friendly habits.

You can use the following questions as cues:

- What are the habits? (saving water/ electricity, reusing paper, recycling plastic, cutting down on plastic use, using green energy,)
- How important is it for a greener lifestyle and the environment?
- What should we do to develop the habits?

Questions:

1. What activities do you think can help you live green?/ What green habits have you already adopted in your life?/ Which green habit would you like to start this year, and why?
2. Why is it important to adopt environmentally friendly practices in daily life?/ What is the importance of keeping the environment green?

TOPIC 4: Talk about the advantages and disadvantages of urbanisation.

You can use the following questions as cues:

- What are the advantages of urbanisation?
- What are the disadvantages of urbanisation?
- What are some solutions to reduce the negative impacts of urbanisation?

Questions:

1. What are the positive effects of urbanisation on a country's economy?/ How does urbanisation improve people's access to education and healthcare?
2. In what ways can urbanisation negatively affect the environment?

TOPIC 5: Talk about a job that you would like to do.

You can use the following cues:

- name of the job
- description of the job
- your opinions/ feelings about the job

....

Questions:

1. Why do you like this job?/ What qualities are needed for this job?
2. Which kind of job do you prefer: office jobs or outdoor jobs? Why?/ Which working environment do you prefer: factory, school, hospital, farm or home?/ What factors is the most important that affects your decision to choose a job: salary, job satisfaction, working environment, colleagues...

----- HẾT -----

ĐÁP ÁN

I. LISTENING: (2,0 Pts)

PART 1: Listen to a conversation between Mark and Lan and mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

Question 1. What is Lan's dad's profession?

- A. IT developer. B. Doctor. C. Bank accountant. D. Teacher.

Question 2. Which of the following is NOT true about Lan's dad?

- A. He often has demanding schedules. B. He works long hours.
C. He seldom works on night shifts. D. He catches up on sleep during the day.

Question 3. Why did Mark's mum quit her job as a teacher?

- A. She found teaching too challenging. B. She wanted to take better care of Mark and his brother.
C. She wanted to pursue a different career. D. She had some health problems.

Question 4. What career is Mark considering for himself?

- A. IT developer. B. Bank accountant. C. Primary teacher. D. Doctor.

Question 5. What can be inferred about Lan and Mark's parents?

- A. They work in the same industry. B. They impact their children's career choices.
C. They have well-paid jobs. D. They work flexible hours.

PART 2: Listen to a talk about urbanisation and decide whether the following statements are true (T) or false (F).

Question 6. The talk is about the effects of and solutions for urbanisation.

- A. True B. False

Question 7. The most important reason for urbanisation is economic expansion.

- A. True B. False

Question 8. People get better jobs and healthcare in big cities.

- A. True B. False

Question 9. The most serious environmental effect to people in cities is noise pollution.

- A. True B. False

Question 10. The speaker will probably talk about the future of urbanisation in the next part.

A. True **B.** False

II. LANGUAGE: (2.0 pts)

PART 1. Read the following advertisement and circle the letter A, B, C, or D to indicate the correct option that best fits each other numbered blanks from 11 to 15.

HA LONG BAY – A NATURAL WONDER

Why visit Ha Long Bay?

- Take an unforgettable (11) _____ and explore one of the world's most beautiful bays.
- Admire thousands of limestone islands rising (12) _____ the emerald waters.
- Discover picturesque caves and enjoy fresh seafood, which (13) _____ on floating restaurants.
- (14) _____ as a UNESCO World Heritage Site, Ha Long Bay attracts millions of tourists every year.
- The bay is full of (15) _____ caves and grottoes, waiting for you to explore!
-

Question 11: **A.** travel

B. voyage

C. trip

D. adventure

Question 12: **A.** in

B. on

C. at

D. from

Question 13: **A.** served

B. serves

C. serve

D. is served

Question 14: **A.** Recognizing

B. Recognized

C. To be recognized

D. To recognize

Question 15: **A.** mystery

B. mysterious

C. mysteriously

D. mystify

PART 2. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 16 to 20

Green living is becoming increasingly popular as people realize the importance of protecting (16) _____ environment. Instead of relying on harmful chemicals, many households now (17) _____ natural cleaning products made from ingredients like vinegar and baking soda. People are also encouraged to reduce waste by recycling and reusing items. Moreover, green living promotes the use of (18) _____ energy sources, such as solar or wind power, which are much more sustainable than fossil fuels. This lifestyle not only helps protect the planet but also brings about a healthier life. For example, cycling or walking to school or work improves physical health and reduces pollution. (19) _____ we may face challenges when changing our habits, every small effort counts. Communities around the world are starting to create green spaces, plant more trees, and ban single-use plastics. Governments, on the other hand, must provide support and create policies that promote sustainability. Understanding the long-term (20) _____ of our actions is essential if we want to build a greener, cleaner future for the next generations.

Question 16. **A.** some

B. a

C. an

D. the

Question 17. **A.** give up

B. throw away

C. take over

D. turn to

Question 18. **A.** renewable

B. renew

C. renewing

D. renewal

Question 19. **A.** Because

B. Although

C. So

D. Unless

III. READING: (2,0pts)

PART 1: Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks from 21 to 25.

Living sustainably means making everyday choices that benefit both you and the planet. One effective strategy is to shift toward a plant-based diet, which is healthier and reduces environmental impact—livestock farming accounts for over 50% of emissions in food production, while plants emit much less. Reducing food waste also plays a critical role: wasted food consumes nearly 25% of the world's freshwater supply and produces large amounts of methane when it decomposes in **landfills**. Simple actions like planning meals, storing food properly, or composting can significantly reduce this waste.

Another important step is to avoid fast fashion—cheap, disposable clothing that quickly ends up in landfills. Globally, the fashion industry is responsible for around 10% of total carbon emissions, and millions of tons of textile waste are generated each year. Choosing quality items that last longer, reusing second-hand clothes, or joining clothing swaps are all ways to reduce this impact. Embracing slower, more mindful consumption or even a no-spend month can change habits and encourage sustainable purchases.

For long-term benefits, households can also upgrade their homes for efficiency, such as installing solar panels. Although the upfront costs are higher, panels are low-maintenance and pay for themselves over time. **It** refers to the practice of using solar panels, which represents a shift toward a more responsible way of living. Combined with other renewable technologies, solar energy reduces dependence on fossil fuels and helps communities move toward a cleaner future.

Together, these choices—better diets, mindful consumption, and energy-saving upgrades—create a powerful impact. While no single action is enough, adopting multiple sustainable habits can build a greener lifestyle and protect our planet for generations to come.

Adapted from https://earth.org/sustainable-life/?utm_source=chatgpt.com

Question 21. What is the main idea of the passage?

- A. Tips for a healthy lifestyle
- B. Practical ways to live more sustainably
- C. Benefits of solar energy only
- D. The dangers of fast fashion

Question 22. The word “landfills” in paragraph 2 is closest meaning to _____.

- A. waste dumps
- B. factories
- C. quarries
- D. recycling centers

Question 23. The word “It” in paragraph 3 refer to:

- A. Plant-based diets
- B. Solar panels
- C. The practice of using solar panels
- D. Fast fashion items

Question 24. Which of the following is NOT mentioned as a sustainable choice?

- A. Eating more plant-based meals B. Reducing food waste
C. Participating in fast fashion trends D. Installing solar panels

Question 25. What can be inferred from the passage?

- A. Fast fashion is the only contributor to environmental harm.
B. Small lifestyle changes cannot make a significant difference.
C. Sustainable habits across areas can lead to long-term benefits.
D. Solar panels are always cost-inefficient.

PART 2: Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 26 to 30.

URBANISATION: A GROWING PHENOMENON

Urbanisation is the process through which cities grow, and higher populations begin to inhabit urban areas. This phenomenon has **accelerated** significantly over the past few decades due to various factors. One of the primary drivers is the search for better employment opportunities. In rural areas, job prospects are often limited to agriculture and small-scale industries, which might not provide sufficient income. Consequently, people migrate to cities seeking better livelihoods and living standards.

Additionally, urban areas offer more advanced educational facilities and healthcare services compared to rural regions. Many families move to cities to provide their children with higher-quality education and greater future opportunities. Access to hospitals and specialized medical services also attracts people to urban centers, especially in countries where rural healthcare is underdeveloped.

However, rapid urbanisation brings about several challenges. Overcrowding in cities can lead to inadequate housing, strained infrastructure, and increased pollution. The expansion of urban areas often results in the loss of green spaces and agricultural land, impacting food production and the environment. Governments and city planners must address these issues to ensure sustainable urban growth.

Despite these challenges, urbanisation has several positive aspects. Cities are often cultural melting pots, where diverse groups of people interact, leading to vibrant communities and innovation. The concentration of resources and talents in urban areas can drive economic growth and technological advancements.

(Adapted from <https://copilot.microsoft.com>)

Question 26: The word **accelerated** in paragraph 1 is **OPPOSITE** in meaning to ____.

- A. decelerated B. increased C. progressed D. hastened

Question 27: Which of the following is **TRUE** according to the passage?

- A. Urbanisation has few positive aspects in economic growth.
B. Rural areas have better infrastructure than urban areas.
C. Urbanisation creates employment opportunities in cities.
D. Overcrowding can lead to inadequate housing in urban areas.

Question 28: Which of the following is NOT mentioned as a reason for urbanisation?

- A. better employment opportunities B. improved transportation systems
C. superior healthcare services D. advanced educational facilities

Question 29: In which paragraph does the writer mention the impact of urbanisation on the environment?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Question 30: What is the main idea of the passage about urbanisation?

- A. Urbanisation provides better healthcare and education, but rural areas are still more sustainable.
- B. Urbanisation is driven by the search for better opportunities and brings both benefits and challenges.**
- C. The biggest problem of urbanisation is the loss of agricultural land and green spaces.
- D. Urbanisation only leads to overcrowding, pollution, and environmental issues

IV. WRITING: (2.0 pts)

PART 1: Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 31 to 32.

Question 31.

- a. Finally, would you mind telling me if there are native German-speaking teachers at your language centre?
- b. First, could you please let me know whether there are German courses at your language centre?
- c. Dear Sir or Madam, I am writing to ask for some information about the language courses at your language centre.
- d. I look forward to hearing from you.
- e. Yours faithfully,
- f. Next, I would also like to know how long the course for beginners lasts and how often classes take place.

A. c - d - b - f - a - e B. c - f - b - a - e - d C. c - b - d - f - a - e **D. c - b - f - a - d - e**

Question 32.

- a. Next, it enables you to build better relationships with people because through frequent sports you can get to know a lot about others' personalities.
- b. First, playing sports helps reduce the stress and gives you more energy in your life.
- c. In short, people should play sports regularly because it brings lots of advantages.
- d. Lastly, it improves your health. When playing sports, the body is protected from different types of harmful bacteria and viruses.
- e. Playing sports brings a lot of advantages.

A. e - a - b - d - c B. **e - b - a - d - c** C. b - a - d - c - e D. c - b - a - e - d

PART 2: Finish the following sentence in such a way that it means the same as the one printed before it:

Question 33. The last time I met him was 4 months ago.

=> **I haven't MET HIM FOR 4 MONTHS.**

PART 3: Combine the following simple sentences, using the words in brackets:

Question 34. He left school with no academic qualifications. He found a well-paid job. (although)

=> **ALTHOUGH he left school with no academic qualifications, he found a well-paid job.**

Question 35. Plastic takes hundreds of years to decompose. It is certainly not good for the environment. (which)

=> **Plastic takes hundreds of years to decompose, WHICH is certainly not good for the environment.**

PART 4: (1pt) Write a job application letter (about 80-120 words) for a part- time job server.

- Use the suggestions below:

- . Reason for writing.
- . Relevant qualities and skills.
- . Other relevant information.
- . Relevant experience.

V. SPEAKING: (2.0 pts)

TOPIC 1: Talk about a person you admire most.

You can use the following cues:

- Name
- Date and place of birth
- Career
- Achievements
- Your feelings about him/her

Questions:

3. Why do you admire him/her?/ What qualities of his/ hers which make you admire most?
4. What qualities, according to you, are required for any person to be admired?

TOPIC 2: Talk about the effects of globalization on cultural diversity.

You can use the following questions as cues:

- What is globalisation?
- How does globalisation impact cultural diversity in the world?
- What are some examples of effects of globalization on cultural diversity?

(cuisines, fashion styles, music)

Questions:

3. How has globalisation affected people's eating habits/ fashion styles/ taste for music?
4. Do you think it is good or bad when one country's culture is affected by globalisation? Why?

TOPIC 3 : Talk about eco-friendly habits.

You can use the following questions as cues:

- What are the habits? (saving water/ electricity, reusing paper, recycling plastic, cutting down on plastic use, using green energy,)
- How important is it for a greener lifestyle and the environment?
- What should we do to develop the habits?

Questions:

3. What activities do you think can help you live green?/ What green habits have you already adopted in your life?/ Which green habit would you like to start this year, and why?
4. Why is it important to adopt environmentally friendly practices in daily life?/ What is the importance of keeping the environment green?

TOPIC 4: Talk about the advantages and disadvantages of urbanisation.

You can use the following questions as cues:

- What are the advantages of urbanisation?
- What are the disadvantages of urbanisation?

- What are some solutions to reduce the negative impacts of urbanisation?

Questions:

3. What are the positive effects of urbanisation on a country's economy?/ How does urbanisation improve people's access to education and healthcare?
4. In what ways can urbanisation negatively affect the environment?

TOPIC 5: Talk about a job that you would like to do.

You can use the following cues:

- name of the job
- description of the job
- your opinions/ feelings about the job

....

Questions:

3. Why do you like this job?/ What qualities are needed for this job?
4. Which kind of job do you prefer: office jobs or outdoor jobs? Why?/ Which working environment do you prefer: factory, school, hospital, farm or home?/ What factors is the most important that affects your decision to choose a job: salary, job satisfaction, working environment, colleagues...

TAPESCRIPTS

PART 1

Mark: Hey, Lan, guess what? I ran into your dad on the street today.

Lan: Oh. Really?

Mark: He seemed to be in a hurry, so we didn't talk much.

Lan: I see. My dad was heading to work as a doctor. He has a pretty demanding schedule, and he often works long hours.

Mark: Wow, being a doctor must be challenging.

Lan: Yeah, it's tough, especially when he's on night shifts. He usually catches up on sleep during the day when the house is quiet.

Mark: Speaking of challenging jobs, your mom is a teacher, right?

Lan: Yes, she teaches at a primary school as a rewarding job, but it can be exhausting.

Mark: I get that. My mom used to be a teacher, too, but she quit to take better care of my brother and me.

Lan: What about your dad?

Mark: Oh, my dad is an IT developer. He works on creating software and solving technical issues. It's a job that requires a lot of problem-solving skills.

Lan: That sounds interesting.

Mark: Yeah, I'm thinking of following in my dad's footsteps. I find this job promising in the future. What about you? Are you interested in the medical field?

Lan: Not really. I love working with children, so I've always wanted to become a primary school teacher, just like my mom.

Mark: It's fascinating how our career choices can be influenced by our parents.

Lan: It truly is. I believe our parents' experiences often shape our interests and guide us toward certain

paths.

PART 2

It's critical to understand the impacts of increasing urbanisation on both people and the environment. Is urbanization bringing about positive or negative changes to our planet? Before delving into its effects, let's take a quick look at the reasons why people choose to live in cities. There are several reasons.

Certainly, the most significant factor is economic expansion, particularly in developing nations like Vietnam. There are often more jobs in services like tourism, sales, health, education, etc., which attract a lot of job seekers.

The second reason is infrastructure and healthcare. Better public transport, roadways, communication systems and medical facilities all provide citizens with more efficient and pleasant living environments. However, is urbanization perfect for our health and the environment?

Perhaps the most significant environmental effect of urbanisation is the loss of biodiversity. The more cities there are, the more wetlands, woods and agricultural regions are cleared for roads, houses and other buildings. Species that depend on certain environments are severely impacted by this, and some may even become extinct. In addition, air, water and soil pollution levels rise as a result of urban lifestyles, which are often consumptive, resource intensive, and waste requiring. Above all, a continuous impact on human mental health is noise pollution. The noise from transportation and ongoing construction causes stress and even mental health issues. For city dwellers, noise pollution can lead to high blood pressure, restless nights and other severe health issues. Being aware of these most important concerns and causes, we can now think about solutions for urbanization.

----- HẾT -----