

Read the following advertisement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6:

BECOME A MASTERCHEF FROM YOUR HOME

Do you want to impress your friends and family with delicious home-cooked meals? Our online cooking classes (1) _____ you how to prepare gourmet dishes from the comfort of your kitchen. With step-by-step video tutorials and expert tips, you'll the skills (2) _____ you need to become a confident cook. From beginner to advanced recipes, we've got something for everyone. You can learn at your own pace and (3) _____ new techniques that will take your cooking to the next level. Don't miss the chance to (4) _____ your culinary skills – sign up now and get (5) _____ our exclusive recipe collection. Cooking has never been (6) _____!

- Question 1:** A. learn B. supply C. teach D. encourage
Question 2: A. that B. what C. this D. why
Question 3: A. mastering B. master C. mastery D. mastered
Question 4: A. increase B. improving C. better D. exchanging
Question 5: A. away to B. access to C. away from D. access from
Question 6: A. simpler B. simple C. simplest D. most simple

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Africa is home to some of the world's most endangered species, including the mountain gorilla, Grevy's zebra, and Ethiopian wolf. To protect populations from further decline, our on-the-ground safeguards involve training rangers and using sniffer dogs to stop wildlife poachers, wildlife must survive in their natural habitats, (7) _____ we empower local communities through (8) _____ - friendly development and work with international agencies to protect Africa's natural resources.

Critical to protecting these vital ecosystems are people. Sharing land across the continent, local communities and wildlife often live alongside (9) _____, leading to struggles for space and water. Provided that people and wildlife learn to live together - inside and outside of protected areas - the future for all will thrive.

Whether it is humans poaching wildlife or wildlife attacking people's livestock, the problem cuts both ways: the needs of people and wildlife are not in harmony. As human populations grow with the development of industry and infrastructure, our programs balance multiple priorities to decline the threats facing endangered species and wildlife habitats.

Anti-poaching initiatives to stop the killing of wildlife within Africa's protected areas have saved some species (10) _____ further decline. However, to prevent the international trade that has killed populations over the last few decades, we need to combat wildlife trafficking and wildlife crimes. Meanwhile, in demand centres (11) _____ ivory is carved while rhino horn and pangolin scales are wanted as traditional medicine, many consumers are unaware that the products are ineffective and in fact destroying Africa's ecosystems.

Providing wildlife rangers with anti-poaching equipment and training prevents the killing of wildlife in protected areas and (12) _____ wildlife trade, with additional training in the enforcement of wildlife laws, national agencies ensure these criminals are arrested.

Adapted from <https://www.awf.org/wildlife-conservation>

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Question 8: A. conservative B. conservationist C. conserve D. conservation
Question 9: A. another B. each other C. others D. other one
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 b. John: Hey, Mike! Have you seen the new movie that came out last week?
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 A. a-b-c B. **b-c-a.** C. a-c-b D. b-a-c

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 b. Sarah: I'm starting with simple recipes like pasta and soups.
 c. Sarah: I've been learning how to cook recently.
 d. Jake: That sounds delicious!
 e. Sarah: Yeah, it's been fun experimenting with new ingredients.
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 B: No. I wouldn't I think it would be a boring job. I wouldn't like working alone.
 A: Do you think you'd be a good receptionist?
 B: I think I'd be OK. I'm confident but not organized.
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 a. First of all, self-study gives learners more freedom. They decide what they should study and how to learn depending on their abilities.
 b. Dear Lucy; I hope you are well. I am thinking about the advantages of self-study - learning at home without a teacher.
 c. Secondly, they can make learners responsible. They set their learning goals and make study plans to achieve them.
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Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 18 to 22.

In today's rapidly changing world, lifelong learning has become more important than ever. (18)_

. To stay relevant and competitive in the job market, individuals must continuously acquire new skills and knowledge.

One of the key benefits of lifelong learning is personal growth. (19)____. By exploring new subjects and hobbies, individuals can expand their horizons and discover new passions.

Lifelong learning can also lead to professional advancement. (20)____. By staying up-to-date with the latest trends and technologies, individuals can increase their value to employers and advance their careers.

However, lifelong learning can be challenging. (21)_____. Balancing work, family, and personal commitments can make it difficult to find time for learning.

To make the most of lifelong learning, it is essential to set clear goals and create a personalized learning plan. (22)_____.

Question 18.

- A. However, lifelong learning can be challenging.
- B. It is important to balance work and personal life.
- C. Technology has made it easier to access educational resources.
- D. Lifelong learning is essential for personal and professional growth.

Question 19.

- A. Lifelong learning can lead to increased stress and anxiety.
- B. It is important to focus on one's career goals.
- C. By learning new things, individuals can boost their self-esteem and confidence.
- D. Lifelong learning can be expensive and time-consuming.

Question 20.

- A. Lifelong learning can lead to job loss.
- B. By acquiring new skills, individuals can increase their employability.
- C. Lifelong learning is only for those who are unemployed.
- D. It is important to focus on traditional education.

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- A. It is important to set realistic goals.
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Question 22.

- A. It is important to find a balance between work and learning.
- B. By breaking down larger goals into smaller, achievable steps, individuals can stay motivated and make progress.
- C. Lifelong learning can lead to increased stress and anxiety.
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Read the following passage and mark the letter A, B, C, D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.

Choosing a career path is a significant decision that can impact an individual's life in various ways. Many factors influence this decision, including personal interests, skills, and market demand. It's essential to find a career that aligns with one's passions and strengths to ensure long-term satisfaction and success.

One popular career path is in the field of technology. With the rapid advancement of technology, there is a growing demand for professionals with expertise in areas such as software development, cybersecurity, and data analysis. These careers not only offer high salaries but also opportunities for continuous learning and growth.

Another promising field is healthcare. Careers in healthcare, such as nursing, medical research, and healthcare administration, provide a chance to make a meaningful impact on people's lives. The healthcare industry is also known for its job stability and growth potential.

Education is another vital sector that offers rewarding career paths. Teachers, school administrators, and education consultants play a crucial role in shaping the future by educating the next generation. Despite the challenges, careers in education are fulfilling and offer opportunities for professional development.

Entrepreneurship is an alternative career path that attracts many individuals. **Starting a business involves risks but also offers the potential for significant rewards.** Entrepreneurs have the freedom to innovate and create solutions that can benefit society.

Question 23. Which of the following is NOT mentioned as a factor influencing career choice?

- A. Personal interests B. Market demand C. Job location D. Skills

Question 24. The word "rapid" in paragraph 2 is CLOSEST in meaning to:

- A. slow B. fast C. steady D. brief

Question 25. The word "its" in paragraph 3 refers to:

- A. career paths B. healthcare industry
C. meaningful impacts D. opportunities

Question 26. The word "vital" in paragraph 4 is OPPOSITE in meaning to:

- A. insignificant B. minor C. essential D. optional

Question 27. Which of the following best paraphrases the underlined sentence in paragraph 5?

- A. Entrepreneurship is the only viable career path.
B. Starting a business is risk-free and always successful.
C. Entrepreneurship offers the potential for significant rewards despite the risks.
D. Entrepreneurs cannot create solutions that benefit society.

Question 28. Which of the following is TRUE according to the passage?

- A. Technology careers offer limited opportunities for growth.
B. Healthcare careers lack job stability.
C. Careers in education are fulfilling and offer professional development.
D. Entrepreneurship is a risk-free career path.

Question 29. In which paragraph does the writer mention the importance of continuous learning?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Question 30. In which paragraph does the writer explore the role of educators?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Read the following passage about the urban shift and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions from 31 to 40.

[I] In recent years, social media platforms have become a central part of daily life, offering users countless ways to connect, share, and communicate. [II] While these platforms offer many advantages, experts have noted rising concerns about their effects on mental health, particularly among young people (Smith & Anderson, 2018). [III] Studies reveal that excessive social media use can contribute to feelings of anxiety, depression, and loneliness, despite its intention to promote connection and social interaction (Twenge & Campbell, 2019). [IV]

A primary reason for these mental health concerns is the tendency for social media users to compare themselves to others. Platforms like Instagram and Facebook often highlight idealized lifestyles, leading users to feel inadequate about their own lives. Additionally, the constant notifications and messages contribute to a "fear of missing out," or FOMO, which keeps individuals in a cycle of checking their phones, often reducing the quality of sleep and overall well-being.

There is also a growing body of research suggesting a link between social media use and decreased attention spans. When users frequently switch between apps and notifications, their ability to focus for extended periods may diminish (Rosen, 2019). This shift in attention can interfere with productivity,

especially in academic and professional settings, where sustained focus is essential.

Addressing these challenges requires a multi-faceted approach. Some mental health professionals suggest limiting screen time and setting boundaries, such as "device-free" hours before bedtime. Others recommend engaging in offline activities, like reading or exercising, to reduce dependence on social media and build healthier habits. According to psychologists, such strategies can enhance mental resilience and allow for more meaningful, balanced relationships (Robinson & Smith, 2020).

(Adapted from *Social Media and Mental Health Research* by Twenge, Rosen, and colleagues)

Question 31. Where in paragraph I does the following sentence best fit?

Young people are particularly affected due to their high engagement with these platforms.

- A. [I] B. [II] C. [III] D. [IV]

Question 32. The phrase "fear of missing out" in paragraph 2 could be best replaced by_____.

- A. longing to interact B. desire to know
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Question 33. The word "their" in paragraph 3 refers to_____.

- A. users B. researchers C. notifications D. professionals

Question 34. According to paragraph 2, which of the following is NOT an effect of social media on mental health?

- A. improved self-esteem B. increased anxiety
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Question 35. Which of the following best summarizes paragraph 3?

- A. Social media contributes to concentration issues that affect users' academic achievements.
B. Notifications and app-switching harm the focus needed in professional environments.
C. Frequent notifications on social media can decrease users' attention spans and productivity.
D. Distractions from social media only affect students' performance negatively.

Question 36. The word "enhance" in paragraph 4 is OPPOSITE in meaning to_____.

- A. diminish B. reinforce C. intensify D. appreciate

Question 37. Which of the following is TRUE according to the passage?

- A. Notifications have a minor impact on users' attention spans.
B. Offline activities can help improve mental health by limiting social media use.
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Question 38. Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. A balanced approach is required to mitigate the harmful impacts of social media.
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Question 39. Which of the following can be inferred from the passage?

- A. Social media platforms generally have a positive influence on young users.

- B. Social media-related anxiety is often temporary and not very impactful.
- C. Balanced social media usage, along with offline activities, can reduce stress.
- D. FOMO and lack of attention are uncommon issues among young users.

Question 40. Which of the following best summarizes the passage?

- A. Social media, despite its benefits, presents mental health risks like anxiety and distraction, particularly among young users, and managing screen time can mitigate these effects.
- B. The use of social media helps improve relationships and communication but reduces the attention spans of its users.
- C. Social media is harmful to all users, causing loneliness and detachment, and must be restricted in all settings.
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- | | | | |
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