

A. LANGUAGE AND SKILL FOCUS (NỘI DUNG ÔN TẬP) Unit 1, 2, 3

	TOPIC	PRONUNCIATION	VOCABULARY	GRAMMAR	COMMUNICATION SKILL
UNIT 1	HOBBIES	- Sounds /ɜ:/ and /ə/ - Stress on two – syllable words	Hobbies and verbs of liking and disliking	Present simple tense	Talk about different hobbies and benefits of hobbies
UNIT 2	HEALTHY LIVING	- Sounds /f/ and /v/ - Stress on three – syllable words	Healthy activities and health problems	Simple sentences	Ask for and give health tips
UNIT 3	COMMUNITY SERVICE	Final sounds /t/, /d/ and /id/	Community activities	Past simple tense	Give complements

- **Skills:** Listen and read about the topics in Unit 1,2,3

B. REFERENCE EXERCISES**I. PHONETICS**

Choose the word whose underlined part is pronounced differently from the others.

1. A. nurse B. picture C. surf D. return
2. A. cleaned B. played C. gained D. cooked
3. A. flu B. fast C. of D. feel

Choose the word which has a different stress pattern from the other three in each question.

4. A. benefit B. encourage C. donation D. recycle
5. A. community B. important C. volunteer D. performance
6. A. healthy B. disease C. sickness D. expert

II. VOCABULARY AND GRAMMAR:

Choose the word or phrase that best completes each sentence below.

7. _____ you _____ to school every morning?
A. Does/ walk B. Do/ walk C. Will/ walk D. Are/ walking
8. The Japanese eat a lot of fish instead of meat _____ they stay healthier.
A. but B. because C. although D. so
9. _____, hats and gloves can protect sensitive skin from sunburn.
A. Chapped lips B. Red spots C. Suncream D. Dry hair
10. My friends and I sometimes _____ blood to help patients in hospitals.
A. bring B. donate C. take D. make
11. Last year, our school organized a concert to _____ money for the poor.
A. earn B. get C. rise D. raise
12. Eating too much sugar is _____ to our health.
A. harmful B. harmless C. harm D. unharmed
13. Staying _____ shape is the most important health tip.
A. in B. at C. on D. with
14. My sister eats a lot of junk food so she is putting on _____ now.
A. weigh B. weight C. weights D. weighing

15. Let's do something _____ instead of watching TV!
 A. outdoors B. outdoor C. indoors D. indoor
16. My friends and I _____ the streets in our neighbourhood every summer when we were small.
 A. cleaned B. has cleaned C. were cleaning D. cleans
17. Why don't you take _____ a new hobby?
 A. up B. in C. over D. after
18. My uncle _____ karate when he was young.
 A. do B. does C. did D. done
19. My friends and I usually donate books and _____ homeless children.
 A. tutors B. tutoring C. tutor D. tutored
20. Our class _____ away warm clothes to street children two days ago.
 A. give B. gave C. have given D. will give
21. Doing volunteer work can _____ you feel more confident.
 A. help B. force C. bring D. encourage
22. We need to spend less time _____ computer games.
 A. play B. to play C. playing D. to playing
23. Mi: Nga, what is your favourite hobby?
 Nga: "_____."
 A. I love cooking C. My favourite subject is Math
 B. I often cook dinner D. Yes, I like it
24. - Doctor: "Good morning. What can I do for you?" - Patient: "Good morning. ____"
 A. I am fine. Thank you. C. I feel very bored.
 B. I have got a bad cough. D. I want to know it, too.
25. Linda : "I heard that you had a bad headache yesterday, do you feel better now?"
 Linh : "_____, I feel pretty good."
 A. Not bad C. Of course
 B. Stay away from me D. Thanks for asking
26. Justin: "Send me a text message tomorrow."
 Katie: "_____"
 A. It's my pleasure B. What's your number?
 C. Thank you, Justin. D. How dare you?

Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

27. What does the sign say?



- A. You must be careful with drunk drivers.
 B. You shouldn't carry glasses in your car.
 C. You should be careful as there is a pub ahead.
 D. You mustn't drive if you drink alcohol.

28. What is the meaning of the sign below?



- A. Only students need to wear face masks.
 B. You should only wear face masks during lunchtime.
 C. You must wear a face mask in this area.
 D. Face masks are optional if you feel healthy

29. What does the sign mean?



- A. Children can enter this place alone.
- B. Children can't play in this area.
- C. Only children can enter this place.
- D. Children can't enter this area without their parents.

30. What does the sign mean?



- A. You don't have to keep anything clean here.
- B. You can not enter this area if it is dirty.
- C. Someone comes to clean this place every day.
- D. If you use this area, you must clean it.

III. READING

Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

31. My Favorite Hobby

Playing the piano is my favorite hobby. _____.

- a. I started learning how to play the piano two years ago.
- b. I often play the piano in my free time.
- c. It helps me relax and makes me happy.

- A. a-b-c
- B. b-a-c
- C. c-a-b
- D. b - c - a

32. Choose the sentences that can end the text (in Question 31) most appropriately.

- A. My dream is to become a famous pianist one day.
- B. I also like reading books in my free time.
- C. I often do my homework at home.

33. Healthy Eating Habits

Having a healthy diet is important. _____.

- a. Moreover, you should drink enough water and shouldn't eat too many fried foods.
- b. Eating healthy helps you stay strong and active.
- c. It is important to eat a variety of foods, such as fruits, vegetables, and grains,...

- A. a-b-c
- B. b-a-c
- C. c-a-b
- D. b - c - a

34. Choose the sentences that can end the text (in Question 33) most appropriately.

- A. This way, you can enjoy your favorite junk food every day.
- B. By following these habits, you can maintain good health and feel more energetic.
- C. It is better to eat whatever you want without worrying about your health.

35. Helping the Community

Community service is important. _____.

- a. Last weekend, I joined a group of students to clean up the local park.
- b. We collected trash, planted trees, and painted benches to make the park more beautiful.
- c. I felt great to help the environment and make our community a better place.

- A. a-b-c
- B. b-a-c
- C. c-a-b
- D. b - c - a

36. Choose the sentences that can end the text (in Question 35) most appropriately.

- A. I decided to buy new clothes for myself.
- B. Many people thanked us for our hard work, and it made me feel proud.
- C. After that, I went home and played video games all day.

Read the following announcement and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks

MY GRANDPARENTS' GARDEN

1. My grandparents (37)_____ a big garden with a lot of vegetables.
2. Vegetables come in different shapes, sizes, and (38) _____.
3. They grow carrots and potatoes (39)_____ the ground.
4. My grandfather says that coloured vegetables are very good for health (40)_____ they provide a lot of natural vitamins.

- | | | | |
|---------------|------------|-----------|--------------|
| 37. A. has | B. have | C. had | D. will have |
| 38. A. prices | B. colour | C. weight | D. height |
| 39. A. on | B. above | C. under | D. at |
| 40. A. so | B. because | C. but | D. or |

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions.

The benefits of voluntary work

Nowadays, volunteer work attracts a large number of attendants from different age groups because of its huge benefits. Firstly, voluntary work provides the **adolescents** many precious opportunities to develop social skills, foster independence and form the ability to deal with difficulties in different situations. Secondly, every member will be taught how to work in a team, the way to make conversation or the responsibility of finishing a task. The experience you gain will be **valuable** for your future, helping you tackle serious problems in later life. In addition, volunteer work can help us adapt to something new and make many new friends through regular activities of clubs or organizations. We can also have a chance to travel more and explore more interesting things we have not experienced before. In conclusion, it is very good to do voluntary work.

41. What is the main idea of the passage?
 - A. Voluntary work is only for young people.
 - B. Voluntary work is for everyone at different ages.
 - C. Voluntary work is difficult and boring.
 - D. Voluntary work is only done in clubs.
42. Which of the following is **NOT true** in the passage?
 - A. Voluntary work helps people develop social skills.
 - B. Volunteers learn how to work in teams.
 - C. Voluntary work is only for adults.
 - D. Voluntary work can help people travel and explore.
43. Why does voluntary work attract people from different age groups?
 - A. Because it is easy and doesn't require effort.
 - B. Because it offers many benefits and opportunities.
 - C. Because it is only for young people.
 - D. Because it is done only once a year.
44. The word "**adolescents**" in the passage refers to _____.

A. Old people	B. Teenagers
C. Children under 5	D. Adults over 30
45. The word "**valuable**" in the passage is **OPPOSITE** in meaning to:

A. useless	B. important	C. cheap	D. easy
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46. According to the passage, what is one benefit of voluntary work?

- A. It helps you learn how to work alone.
- B. It helps you travel and meet new people.
- C. It teaches you to avoid difficulties.
- D. It stops you from making friends.

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks

Breakfast is the (47) _____ important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (48) _____ and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (49) _____ to concentrate. Surprisingly, breakfast actually plays an important part in weight control. It's easier to (50) _____ weight if you eat in the morning rather than later in the day. Dividing the day's calories (51) _____ three meals helps you keep fit more efficiently than (52) _____ breakfast and having two larger meals a day.

- | | | | | |
|-----|-------------|-------------|------------|------------|
| 47. | A. healthy | B. tasty | C. most | D. main |
| 48. | A. strength | B. effort | C. energy | D. power |
| 49. | A. unable | B. enable | C. capable | D. able |
| 50. | A. put | B. drop | C. lose | D. gain |
| 51. | A. into | B. for | C. in | D. up |
| 52. | A. making | B. skipping | C. buying | D. serving |

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks

Many people today are trying to live healthier lives. (53) _____. Some people also turn to natural remedies when they feel sick. (54) _____ For example, many drink ginger tea when they have a sore throat or feel cold.

However, not all natural remedies are safe for everyone. (55) _____ It's important to ask a doctor before using herbs, especially if you are already taking medicine. Even something natural can be harmful when used in large amounts.

(56) _____ Choosing safe options and learning more about your health can help you feel better and avoid serious problems in the future.

- A. Some herbs can cause side effects.
- B. They exercise regularly, drink more water, and try to eat well.
- C. They believe herbs can heal the body naturally.
- D. Taking care of your body is a smart habit.

53 _____ 54 _____ 55 _____ 56 _____

IV. WRITING

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

57. She eats fruits and veggies every day, but she keeps gaining weight.

- A. Although she eats fruits and veggies every day, she keeps gaining weight.
- B. Although she keeps gaining weight, she eats only fast food.
- C. Because she eats fruits and veggies every day, she keeps gaining weight.
- D. Although she doesn't eat fruits, she still gains weight.

58. It's a good idea to do exercise regularly.

- A. You should never do exercise even if it's a good idea. B. You should do exercise regularly.
C. You should avoid doing exercise for good health. D. You should not do regular exercise.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.

59. Every year/ we/ collect/ old/ books/ clothes/ help/ poor/ children/ mountainous areas.

- A. Every year, we collect old books and clothes to help poor children in mountainous areas.
B. Every year, collect we old books clothes help poor children mountainous areas.
C. We collect every year old books clothes to help children poor mountainous areas.
D. Every year, we help poor children collect old books and clothes mountainous areas.

60. volunteer / in / community/ make / difference.

- A. Volunteer in community make difference.
B. Volunteers in the community make a difference.
C. Community volunteer make difference in.
D. Make volunteer difference in community.

Complete the sentences with given words.

61. *Do / exercise / regularly / help / you / stay / healthy.*

=> _____.

62. *She/ enjoy/ read/ books.*

=> _____.

63. *She/ start/ the hobby/ when/ she/ 6.*

=> _____.

64. *Get/ enough/ sleep / night/ be/ good/ for/ you.*

=> _____.

65. *You/ can/ ride/ bike/ run/ or/ go/ swim.*

=> _____.

Complete the second sentence so that it has a similar meaning to the first sentence, using the word in brackets.

66. *She loves collecting old comic books. (fond)*

=> _____.

67. *She likes singing more than dancing. (prefers)*

=> _____.

68. *There are over two hundred stamps in Nam's collection. (has)*

=> _____.

69. *My sister enjoys arranging flowers.*

=> My sister's hobby _____.

70. *My brother loves playing tennis. I love playing tennis.*

=> My brother and _____.

ĐÁP ÁN VÀ LỜI GIẢI THAM KHẢO

I. ĐÁP ÁN

1. B	2. D	3. C	4. A	5. C	6. B	7. B	8. D
9. C	10. B	11. D	12. A	13. A	14. B	15. A	16. A
17. A	18. C	19. C	20. B	21. A	22. C	23. A	24. B
25. D	26. B	27. D	28. C	29. D	30. D	31. A	32. A
33. C	34. B	35. A	36. B	37. B	38. B	39. C	40. B

41. B	42. C	43. B	44. B	45. A	46. B	47. C	48. C
49. A	50. C	51. A	52. B	53. B	54. C	55. A	56. D
57. A	58. B	59. A	60. B				

II. GIẢI CHI TIẾT CÂU 1–30

- Câu 1. B.** Phần gạch chân là 'ur'. nurse /nɜ:s/, surf /sɜ:f/ và return /rɪ'tɜ:n/ có 'ur' phát âm /ɜ:/; picture /'pɪktʃə(r)/ có 'ur' phát âm /ə(r)/. Vì vậy picture khác.
- Câu 2. D.** Đuôi -ed trong cleaned, played, gained được phát âm /d/ vì đứng sau âm hữu thanh; cooked có âm cuối /k/ là âm vô thanh nên -ed phát âm /t/.
- Câu 3. C.** Chữ f trong flu, fast, feel phát âm /f/. Trong of, f phát âm /v/ (/ɒv/ hoặc /əv/).
- Câu 4. A.** benefit nhấn âm 1: /'benɪfɪt/. encourage, donation, recycle đều nhấn âm 2. Vì vậy A khác.
- Câu 5. C.** community, important, performance nhấn âm 2; volunteer nhấn âm 3: /ˌvɒləntɪə(r)/. Vì vậy C.
- Câu 6. B.** healthy, sickness, expert nhấn âm 1; disease nhấn âm 2: /dɪ'zi:z/.
- Câu 7. B.** Câu hỏi ở hiện tại đơn với chủ ngữ you dùng Do + S + V nguyên mẫu: Do you walk to school every morning?
- Câu 8. D.** Hai mệnh đề mang quan hệ kết quả: Người Nhật ăn nhiều cá thay vì thịt, vì vậy họ khỏe hơn. so = vì vậy.
- Câu 9. C.** Suncream (kem chống nắng), cùng với mũ và găng tay, giúp bảo vệ da nhạy cảm khỏi cháy nắng.
- Câu 10. B.** Cụm đúng là donate blood = hiến máu.
- Câu 11. D.** raise money = quyên góp/gây quỹ. rise là nội động từ, không dùng trực tiếp với money.
- Câu 12. A.** be harmful to = có hại cho. Eating too much sugar is harmful to our health.
- Câu 13. A.** Cụm cố định stay in shape = giữ cơ thể cân đối/khỏe mạnh.
- Câu 14. B.** Cụm put on weight = tăng cân. Sau on cần danh từ weight.
- Câu 15. A.** do something outdoors = làm gì đó ngoài trời. outdoor thường là tính từ đứng trước danh từ, còn outdoors là trạng từ.
- Câu 16. A.** Có mốc when we were small → sự việc đã xảy ra trong quá khứ, dùng quá khứ đơn: cleaned.
- Câu 17. A.** take up a hobby = bắt đầu theo đuổi một sở thích mới.
- Câu 18. C.** do karate ở quá khứ đơn → did karate.
- Câu 19. C.** Sau and cần động từ song song với donate: donate books and tutor homeless children. Chủ ngữ My friends and I → tutor.
- Câu 20. B.** two days ago là dấu hiệu quá khứ đơn. give away → gave away = đem cho/tặng.
- Câu 21. A.** Cấu trúc help + O + V nguyên mẫu: help you feel more confident.
- Câu 22. C.** spend time + V-ing: spend less time playing computer games.
- Câu 23. A.** Câu hỏi hỏi sở thích yêu thích. I love cooking trả lời trực tiếp và tự nhiên nhất.
- Câu 24. B.** Bác sĩ hỏi 'What can I do for you?' → bệnh nhân nêu vấn đề sức khỏe: I have got a bad cough.
- Câu 25. D.** Thanks for asking, I feel pretty good = Cảm ơn đã hỏi, mình thấy khá ổn. Đây là đáp lời lịch sự và phù hợp nhất.
- Câu 26. B.** Muốn gửi tin nhắn thì cần số điện thoại, nên câu đáp hợp lý là What's your number?
- Câu 27. D.** Biển báo thể hiện cấm uống rượu/bia rồi lái xe: You mustn't drive if you drink alcohol.
- Câu 28. C.** Biển báo yêu cầu đeo khẩu trang: You must wear a face mask in this area.
- Câu 29. D.** Biển báo cho biết trẻ em không được vào nếu không có bố mẹ/người lớn đi cùng.
- Câu 30. D.** Biển yêu cầu giữ khu vực sạch sau khi sử dụng: If you use this area, you must clean it.

III. GIẢI CHI TIẾT CÂU 31–60

- Câu 31. A.** Trình tự hợp lý: a) bắt đầu học piano hai năm trước → b) thường chơi lúc rảnh → c) lợi ích là thư giãn và vui vẻ. Do đó a-b-c.
- Câu 32. A.** Đoạn văn nói về sở thích chơi piano; câu kết 'My dream is to become a famous pianist one day' nổi đúng chủ đề và phát triển ý tự nhiên.

- Câu 33. C.** Sau câu mở đầu về chế độ ăn lành mạnh, trước hết nêu việc ăn đa dạng thực phẩm (c), sau đó bổ sung 'Moreover' về nước và đồ chiên (a), cuối cùng kết luận lợi ích (b): c-a-b.
- Câu 34. B.** Câu B tổng kết đúng nội dung: thực hiện các thói quen trên giúp duy trì sức khỏe và có nhiều năng lượng hơn.
- Câu 35. A.** Mạch thời gian: a) tham gia dọn công viên → b) các việc đã làm → c) cảm xúc sau hoạt động. a-b-c.
- Câu 36. B.** Câu B tiếp tục đúng chủ đề phục vụ cộng đồng và cảm xúc tự hào; A, C lệch chủ đề.
- Câu 37. B.** Chủ ngữ My grandparents là số nhiều → have a big garden.
- Câu 38. B.** Cụm liệt kê shapes, sizes, and colour. Trong các lựa chọn, colour phù hợp về nghĩa nhất; tự nhiên hơn có thể viết colours.
- Câu 39. C.** Carrots and potatoes grow under the ground = cà rốt và khoai tây mọc dưới đất.
- Câu 40. B.** Mệnh đề sau giải thích lý do rau màu tốt cho sức khỏe: because they provide a lot of natural vitamins.
- Câu 41. B.** Đoạn văn nói công việc tình nguyện thu hút người ở nhiều nhóm tuổi và mang lại nhiều lợi ích. Trong các phương án, B bao quát nhất, dù tiêu đề chính xác hơn có thể là 'Benefits of voluntary work'.
- Câu 42. C.** Đoạn văn nói volunteer work thu hút nhiều nhóm tuổi, không chỉ người lớn. Vì vậy 'only for adults' là thông tin KHÔNG đúng.
- Câu 43. B.** Ngay câu đầu: volunteer work attracts people of different ages because of its huge benefits. → nhiều lợi ích và cơ hội.
- Câu 44. B.** adolescents = teenagers = thanh thiếu niên.
- Câu 45. A.** valuable = có giá trị; từ trái nghĩa là useless = vô ích.
- Câu 46. B.** Đoạn văn nêu có cơ hội travel more và make many new friends → đi đây đó và gặp bạn mới.
- Câu 47. C.** Cấu trúc so sánh nhất: the most important meal of the day.
- Câu 48. C.** Cơ thể cần calories for energy = calo để tạo năng lượng.
- Câu 49. A.** Cấu trúc be unable to + V = không thể làm gì. 'are often ... unable to concentrate'.
- Câu 50. C.** lose weight = giảm cân. Đoạn văn nói ăn sáng giúp kiểm soát cân nặng.
- Câu 51. A.** divide something into parts = chia cái gì thành các phần. Dividing the day's calories into three meals.
- Câu 52. B.** skipping breakfast = bỏ bữa sáng; sau than dùng V-ing để song song với having two larger meals.
- Câu 53. B.** Sau câu 'trying to live healthier lives', câu B nêu các thói quen cụ thể: tập thể dục, uống nước, ăn lành mạnh.
- Câu 54. C.** Câu trước nói dùng natural remedies; C giải thích niềm tin rằng thảo mộc có thể chữa lành tự nhiên, rồi dẫn sang ví dụ trà gừng.
- Câu 55. A.** Sau 'not all natural remedies are safe', câu A 'Some herbs can cause side effects' giải thích trực tiếp nguy cơ.
- Câu 56. D.** Đoạn cuối cần câu khái quát trước lời khuyên: Taking care of your body is a smart habit.
- Câu 57. A.** Hai mệnh đề tương phản với but. Có thể đổi sang Although + mệnh đề: Although she eats fruits and veggies every day, she keeps gaining weight.
- Câu 58. B.** It's a good idea to... tương đương You should... → You should do exercise regularly.
- Câu 59. A.** Câu A đủ chủ ngữ, động từ, tân ngữ và mục đích: Every year, we collect old books and clothes to help poor children in mountainous areas.
- Câu 60. B.** Câu hoàn chỉnh đúng: Volunteers in the community make a difference. Chủ ngữ số nhiều Volunteers đi với make.

IV. CÂU 61–70: ĐÁP ÁN MẪU VÀ GIẢI THÍCH

Câu 61. Doing exercise regularly helps you stay healthy.

Giải thích: Doing exercise regularly là cụm V-ing làm chủ ngữ; chủ ngữ này được xem là số ít nên dùng helps. Cấu trúc help + O + V: helps you stay healthy.

Câu 62. She enjoys reading books.

Giải thích: enjoy + V-ing → enjoys reading.

Câu 63. She started the hobby when she was six years old.

Giải thích: Sự việc bắt đầu trong quá khứ nên dùng started; mệnh đề when cũng dùng was.

Câu 64. Getting enough sleep at night is good for you.

Giải thích: Cụm V-ing Getting enough sleep làm chủ ngữ; be good for = tốt cho.

Câu 65. You can ride a bike, run, or go swimming.

Giải thích: Sau can dùng động từ nguyên mẫu ride, run; go swimming là cụm cố định.

Câu 66. She is fond of collecting old comic books.

Giải thích: be fond of + V-ing = thích làm gì, tương đương love + V-ing.

Câu 67. She prefers singing to dancing.

Giải thích: prefer A to B; khi nói hoạt động dùng V-ing: prefers singing to dancing.

Câu 68. Nam has over two hundred stamps in his collection.

Giải thích: Chuyển cấu trúc There are ... in Nam's collection thành Nam has ... in his collection.

Câu 69. My sister's hobby is arranging flowers.

Giải thích: enjoys arranging flowers → hobby is arranging flowers.

Câu 70. My brother and I love playing tennis.

Giải thích: Hai câu cùng nói một sở thích nên ghép chủ ngữ bằng and: My brother and I; động từ giữ dạng love.