

A. LISTENING

Part 1. Listen and tick True (T) or False (F) for each statement. (1 pt)

Statements	True	False
Question 1. Eat more fruit and coloured vegetables.		
Question 2. Don't eat meat, eggs, and cheese.		
Question 3. Get about eight hours of sleep every day.		
Question 4. Drink enough soft drinks.		

Part 2. Listen and choose the best answer A, B or C. (1 pt)

Question 5. What is the speaker's favourite hobby?

A. Reading. B. Drawing. C. Playing sports.

Question 6. When did the speaker start this hobby?

A. When he/she was four years old. B. When he/she was six years old. C. When he/she was ten years old.

Question 7. Who is the speaker's favourite author?

A. J. K. Rowling. B. Roald Dahl. C. Mark Twain.

Question 8. How long does the speaker read every day?

A. At least thirty minutes. B. At least one hour. C. At least two hours.

B. USE OF LANGUAGE

Part 1. Choose the word which has the underlined part pronounced differently from the others. (0.5 point)

Question 9. A. hate B. fast C. take D. make

Question 10. A. started B. wanted C. needed D. played

Part 2. Choose the word A, B, C or D that has a different stress pattern. (0.25 point)

Question 11. A. garden B. healthy C. protect D. model

Part 3. Choose the correct option A, B, C or D to complete each sentence. (2.25 points)

Question 12. Lan has a high fever and a cough, so she should see a _____.

A. doctor B. teacher C. farmer D. driver

Question 13. My brother enjoys _____ models of planes from recycled wood.

A. building B. build C. built D. builds

Question 14. Last year, our club _____ hundreds of warm coats to poor children in mountainous areas.

A. donates B. donated C. donating D. donate

Question 15. My father works hard all day, _____ he feels tired in the evening.

A. because B. but C. so D. or

Question 16. Tom: "Why don't we clean up the park this Saturday?" - Phong: " _____ "

- A. Great idea!
B. You're welcome.
C. No, I don't.
D. Yes, I do.

Question 17. What does the notice above ask students to do?



- A. You must leave the lights on when leaving.
B. Turn off the lights when you leave the classroom.
C. You cannot use lights in the classroom.
D. Lights will turn off automatically.

Question 18. What does the road sign above mean?



- A. You can park your car here freely.
B. Do not park your vehicle in this area.
C. Drive slowly in this area.
D. Only buses are allowed to park here.

Question 19. Choose the option which is **CLOSEST** in meaning to the underlined word:

Doing exercise regularly helps you stay fit and strong.

- A. weak B. healthy C. sick D. tired

Question 20. Choose the option which is **OPPOSITE** in meaning to the underlined word:

We should avoid eating unhealthy food like potato chips and candy.

- A. harmful B. bad C. wholesome D. dangerous

C. READING

Part 1. Read the following passage and choose the correct option A, B, C or D to fill in each blank from 21 to 25. (1.25 points)

Hobbies give us pleasure and help us relax after stressful working hours. There are many types of hobbies such as collecting things, playing sports, or (21) _____ crafts. Some hobbies are very cheap, while others can be quite expensive. For example, collecting glass bottles is a cheap hobby because you can find empty bottles everywhere. All you need to do is clean them and keep them in a safe place. (22) _____, making dollhouses requires more time and patience. You have to buy glue, cardboard, and small tools to build furniture. No matter what your hobby is, it can bring you many (23) _____. First, it helps you learn new skills and (24) _____ your creativity. Second, sharing your hobby with friends makes you feel happier and more (25) _____.

Question 21. A. making B. doing C. taking D. playing

Question 22. A. However B. So C. Because D. Therefore

Question 23. A. benefits B. problems C. diseases D. difficulties

Question 24. A. develop B. reduce C. hurt D. stop

Question 25. A. confident B. confidence C. confidently D. unconfident

Part 2. Read the following passage and choose the correct answer A, B, C or D to each question from 26 to 30. (1.25 points)

Many teenagers today face health problems because of bad eating habits and lack of physical exercise. A recent survey shows that more than 30% of secondary school students eat fast food at least three times a week. Fast food contains a lot of fat, salt, and sugar, which can lead to overweight and obesity. Furthermore, many students spend hours sitting in front of screens playing video games instead of doing outdoor activities.

To build a healthy lifestyle, doctors suggest that teenagers should change their daily routines. First, **they** should replace soft drinks and junk food with fresh fruit, vegetables, and plain water. Fresh fruits provide essential vitamins that boost the immune system. Second, doing at least 30 minutes of physical exercise every day, such as cycling, swimming, or playing badminton, helps keep the body fit and strong. Finally, getting enough sleep (8 to 9 hours per night) is crucial for mental and physical recovery.

Question 26. What is the main topic of the passage?

- A. How to play video games safely
- B. Health problems in teenagers and advice for a healthy lifestyle
- C. The history of fast food restaurants
- D. How to become a professional athlete

Question 27. According to the passage, what percentage of students eat fast food at least three times a week?

- A. More than 30%
- B. Less than 10%
- C. Exactly 50%
- D. Almost 80%

Question 28. Why is fast food harmful to health?

- A. It contains too many vitamins.
- B. It contains a lot of fat, salt, and sugar.
- C. It takes too long to cook.
- D. It is too expensive for students.

Question 29. The word "**they**" in paragraph 2 refers to _____.

- A. doctors
- B. teenagers
- C. soft drinks
- D. video games

Question 30. Which of the following is NOT recommended by doctors?

- A. Eating fresh fruits and vegetables
- B. Drinking plenty of plain water
- C. Spending hours playing video games every day
- D. Exercising for at least 30 minutes a day

D. WRITING

Part 1. Mark the letter A, B, C or D on your answer sheet to indicate the underlined part that needs correction in each of the following questions. (1.0 point)

Question 31. My sister enjoys (A) to cook (B) delicious meals for (C) our family on (D) weekends.

Question 32. Last week, we collect (A) hundreds of used (B) books to donate (C) to poor children (D).

Question 33. Eating (A) too much candy (B) are (C) bad for your teeth (D).

Question 34. He doesn't (A) drink many (B) water, so (C) his skin is very dry (D).

Part 2. Rewrite the sentence that is closest in meaning to each of the following questions. (0.75 point)

Question 35. These are Mai's pens and they are on the bookshelf.

→ **Mai's pens**

Question 36. My father finds collecting old stamps very interesting.

→ **My father's hobby**

Question 37. Minh was lazy, so he failed the English test last week.

→ **Because Minh**

Part 3. Rearrange the words to make complete sentences. (0.75 point)

Question 38. Nam/ football/ usually/ plays/ with his friends/ after school/ ./

→ **Nam**

Question 39. We/ planted/ 50/ new trees/ in the school garden/ last month/ ./

→ **We**

Question 40. Drinking/ enough/ water/ keeps/ your body/ healthy/ and/ hydrated/ ./

→ **Drinking**

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