

I. LISTENING (2 points)

PART 1. *You will listen to Grace and Tom talking about exams and decide whether the statements are true or false. You will listen TWICE.*

Question 1. Tom doesn't usually get good grades at school.

- A. True B. False

Question 2. Grace thinks Tom will get sick if he doesn't relax.

- A. True B. False

Question 3. Tom admits that he feels confident and relaxed during exams.

- A. True B. False

Question 4. Grace doesn't get stressed about exams.

- A. True B. False

PART 2. *You will hear a lecture about climate changes. Listen and choose the correct answer A, B, C, or D to each of the following questions. You will hear the recording TWICE.*

Question 5. A slight _____ in some of the colder parts of the world may improve conditions for agriculture.

- A. emission increase B. emission decrease
 C. temperature decrease D. temperature increase.

Question 6. The developed and industrialized world is responsible for _____ of all carbon dioxide emissions.

- A. a quarter B. a half C. three-fourths D. two-thirds

Question 7. Which countries are expected to suffer the most from rising sea levels?

- A. European and North American countries
 B. Industrialized countries with large populations
 C. Poorer countries like Bangladesh
 D. Countries with less agriculture

Question 8. What could lead to hundreds of millions of climate refugees?

- A. The effect of deforestation
 B. The effect of drowning coastlines
 C. The effect of carbon dioxide emission
 D. The effect of tropical storms

II. LEXICO- GRAMMAR: (6pts)

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 9. The government has introduced policies to improve citizens' life _____ by enhancing healthcare and education.

- A. expectancy B. expectational C. expectation D. expecting

Question 10. In traditional societies, young people _____ follow their parents' advice when choosing a career.

- A. must B. had to C. were to D. should

Question 11. My grandfather _____ work in the fields from dawn till dusk when he was young.

- A. used to B. has to C. had to D. is used to

Question 12. In order to cope with global challenges, humans must quickly _____ to technological change.

- A. adapt B. adopt C. accept D. attach

Question 13. Many megacities are facing serious _____ issues due to population growth and limited space.

- A. housing B. households C. home D. inhabitant

Question 14. The newly renovated museum looks so _____ that everyone wants to take photos there.

- A. beautifully B. beautify C. beauty D. beautiful

Question 15. Citizens _____ separate their household waste properly to reduce environmental pollution.

- A. need to B. might C. can D. may not

Question 16. Reading the product's _____ helps customers avoid items with harmful chemicals.

- A. composition B. ingredient C. label D. description

Question 17. Future cities aim to be more _____ by combining innovation with environmental protection.

- A. sustainable B. industrial C. economic D. temporary

Question 18. I firmly _____ that education is the key to bridging differences among generations.

- A. am believing B. believe C. beliefs D. have believed

Question 19. Heavy _____ during rush hours causes serious delays in the city centre every day.

- A. traffic congestion B. traffic lights C. traffic jam D. street noise

Read the following passage and mark the letter A, B, C or D on your answer sheet to choose the word or phrase that best fits each other numbered blanks.

BLUE DRAGON CHILDREN'S FOUNDATION

Homeless people are a tragic sign in the cities of almost every country in the world, but the ones in the most difficult situation are the street children. No one knows the exact (20) _____ of homeless children because they often fear and avoid authorities. Some have run away from home (21) _____ family problems, while others have been forced to leave home because their parents simply didn't have enough money to support them. They struggle to (22) _____ ends meet by shining shoes or selling small items like chewing gum. Blue Dragon Children's Foundation is a non-profit organisation which was founded by Michael Brosowski and Pham Sy Chung in 2004. It focuses on helping streets kids and rescuing children from slavery and human trafficking of social workers in Vietnam. Blue Dragon has worked (23) _____ to offer a variety of services which are led by a team of social workers, psychologists, teachers and lawyers. The charity provides children in need with shelters, nutritious meals and healthcare as well as helps them return to their families. It also makes sure that children can stay in school and receive a proper (24) _____ by supporting them with tuition fees and living expenses. Blue Dragon believes that every child deserves exceptional care so that they can have a better chance in life.

Question 20. A. plenty B. amount C. level D. numbers

Question 21. A. despite B. although C. as a result D. because of

Question 22. A. do B. make C. take D. give

Question 23. A. continuous B. endless C. limitless D. nonstop

Question 24. A. education B. educated C. educational D. educating

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions below.

In today's fast-paced world, maintaining a healthy lifestyle has become increasingly important. It means making conscious choices about what we eat, how often we exercise, and how well we sleep. By building healthy habits, we can prevent diseases, improve both physical and mental health, and enjoy life to the fullest.

A balanced diet provides the foundation for good health. Consuming fruits, vegetables, whole grains, lean proteins, and healthy fats gives the body essential nutrients. On the other hand, eating too much processed food, sugary drinks, or saturated fat may lead to obesity, heart disease, and other serious illnesses.

Regular exercise is another key factor. It strengthens muscles and bones, supports cardiovascular health, and lowers the risk of chronic conditions. Exercise also boosts mental well-being by releasing endorphins, natural chemicals that reduce stress and improve mood. Health experts recommend at least 30 minutes of moderate-intensity physical activity each day.

Adequate sleep is equally vital. Getting 7–8 hours of quality rest improves memory, concentration, and emotional balance. Keeping a **consistent** sleep schedule, avoiding caffeine, and limiting electronic use before bed can help achieve better sleep.

In conclusion, a healthy lifestyle relies on three essential elements: a nutritious diet, regular exercise, and sufficient rest. By making small but consistent improvements, we can strengthen both body and mind, reduce health risks, and lead a happier and more fulfilling life. It is essential to prioritise healthy habits and make **them** a part of our daily routine.

(Adapted from Harvard Health: Staying healthy)

Question 25. What is the main idea of the passage?

- A. How to Have a Healthy Lifestyle B. The Importance of Exercises

C. Our Daily Routine

D. The Well-being of the Brain

Question 26. According to the passage, people should avoid _____ before bedtime to have a good sleep.

- A. processed food B. caffeine C. whole grains D. endorphins

Question 27. The word “**them**” in the last paragraph is referred to _____.

- A. regular exercises B. chronic diseases C. small changes D. healthy habits

Question 28. The word “**consistent**” in paragraph 4 is OPPOSITE in meaning to _____

- A. changeable B. regular C. positive D. beneficial

Question 29. Which of the following is NOT mentioned according to the passage?

- A. Adults are advised to exercise moderately for 30 minutes every day.
B. Adequate sleep can help enhance memory.
C. People should drink more than two litres of water every day.
D. Visiting the doctor regularly for health check-ups.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentences to make a meaningful paragraph/letter in each of the following questions.

Question 30.

- a. Lan: I usually go jogging every morning to keep fit.
b. Nam: That’s great! I also try to eat more vegetables and drink enough water.
c. Nam: How do you stay healthy every day?

- A. a – b – c B. c – a – b C. b – c – a D. a – c – b

Question 31.

- a. I’ve just joined a new health club in our town.
b. Hi Anna!
c. I think it would be fun and healthy if you joined with me.
d. Let’s go together this weekend!
e. They have great fitness classes and a friendly environment.

- A. b-c-a-e-d B. b-a-c-e-d C. b-a-e-c-d D. a-b-c-e-d

Question 32.

- a. First, technology makes transportation faster and easier, so people can save time.
b. Finally, citizens can access better healthcare, education, and safety services through digital platforms.
c. Living in a smart city brings many benefits to people’s daily lives.
d. In conclusion, smart cities bring comfort, efficiency, and a higher quality of life.
e. Moreover, smart systems help reduce pollution and keep the environment cleaner.

- A. c-a-e-b-d B. a-e-c-b-d C. c-a-b-e-d D. a-e-b-c-d

IV. WRITING (2pts)

Supply the correct form or tense of the given verb in each of the following questions to make meaningful sentences. (1.0 pt)

Question 33.

Students in smart cities are expected to be more _____ in using technology for learning. (SKILL)

Question 34.

The _____ communication between family members can lead to more understanding and happiness. (EFFECT)

Question 35.

Since the project started, our group _____ many ideas to make the city greener. (PROPOSE)

Question 36.

There are often heated _____ between friends about which major to choose at university. (ARGUE)

Question 37.

My teacher advised me to _____ my goals before making any important decision. (CONSIDER)

Finish each of the following sentences in such a way that it means the same as the original sentence printed before it.

Question 38. It is important for young people to communicate with their parents to bridge the generation gap. (use a modal verb).

Question 39. I haven't visited my grandparents for two weeks. (use 'since')

Question 40. We started learning about smart cities last month, and we are still studying the topic. (use 'present perfect tense')

Question 41. We are not allowed to use our mobile phones during the movie screening. (use a modal verb)