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ĐỀ CƯƠNG ÔN TẬP GIỮA HỌC KỲ I-NĂM HỌC 2026-2027
MÔN: TIẾNG ANH 7

A. TOPICS: Unit 1, Unit 2

B. CONTENTS

I. VOCABULARY

1. Hobbies
2. Healthy living

II. PRONUNCIATION:

- 1, Sounds /ə/ and /ɜ:/
- 2, Sounds /f/ and /v/

III. GRAMMAR:

1. Verb tenses: Review Present simple
2. Verbs of liking and disliking
3. Simple sentence

IV. EXERCISES

Ex1. Choose the word (A, B, C or D) whose stress is different from the others.

- | | | | |
|-----------------|-------------|------------|------------|
| 1. A. dollhouse | B. affect | C. jogging | D. patient |
| 2. A. dirty | B. active | C. avoid | D. outdoor |
| 3. A. collect | B. donate | C. provide | D. tutor |
| 4. A. exchange | B. homeless | C. protect | D. repair |
| 5. A. summer | B. water | C. student | D. receive |

Ex2. Choose the word whose underlined part is pronounced differently from the others.

- | | | | |
|-----------------|--------------|------------|-------------|
| 1. A. cough | B. enough | C. through | D. laugh |
| 2. A. night | B. tough | C. flight | D. high |
| 3. A. learn | B. early | C. earth | D. hear |
| 4. A. verb | B. herb | C. never | D. person |
| 5. A. leaf | B. favourite | C. farm | D. of |
| 6. A. orphanage | B. patient | C. agree | D. about |
| 7. A. of | B. coffee | C. leaf | D. fault |
| 8. A. knee | B. knife | C. king | D. knitting |
| 9. A. daughter | B. weigh | C. rough | D. thought |
| 10. A. eat | B. head | C. dead | D. bread |

Ex3. Choose the best word or phrase (A, B, C or D) to complete each sentence.

1. The train usually _____ in Ha Noi at 8 a.m.
A. arrive B. will arrive C. arrives D. is arriving
2. – Do your friends often _____ volleyball at weekends?
– No, they won't.
A. go B. play C. collect D. do
3. We usually _____ litter in our neighbourhood on Sunday morning.
A. look for B. pick up C. hand in D. tidy up
4. We should follow the advice from doctors and health _____ in order to keep fit.
A. people B. workers C. managers D. experts
5. Phuong and her friends often _____ small children in their village.
A. learn B. go C. play D. tutor
6. One of my favourite hobbies is _____ comics. I love _____ more famous ones.
A. read / collecting B. reading / collecting
C. to read / to collect D. reading / collected
7. She usually eats some sweet cakes before going to sleep, so she may put _____ weight if she continues to do that.

- A. in B. up C. on D. into
8. My brother played volleyball with his friends on the beach yesterday. His skin turns brown and got some ____.
- A. sunburns B. sickness C. allergies D. weight
9. You can have better health when you _____ drinking a lot of soft drink.
- A. avoid B. keep C. get D. prefer
10. You will get _____ if you gain weight rapidly.
- A. cough B. flu C. obesity D. stomachache
11. We should play sports or do exercise in order to stay in _____
- A. look B. shape C. fit D. health
12. _____! You will have a strong heart.
- A. Eat vegetables more B. Watch TV more
- C. Eat less fruits D. Wash your face less
13. My family enjoys _____ because we can sell vegetables and flowers _____ money.
- A. garden-to B. gardening-for C. gardening-with D. garden - of
14. _____! You can lose your weight more quickly.
- A. Take care of yourself more B. Walk around the park more regularly
- C. Focus on your own study D. Drink mineral water more when you play in the sun
15. She usually plays badminton, _____ she eats a lot of healthy food.
- A. and B. but C. or D. so
16. He felt pain in his eyes two days ago, _____ his mother took him to the doctor.
- A. but B. because C. or D. so
17. He sometimes visits and brings some presents for elderly people at the _____. D.
- A. nursing home B. sport centre C. post office
18. – Do you enjoy playing football? _____
- A. By the way. I don't like it. B. Let's play it together tomorrow.
- C. Yes. It is one of my favourite hobbies. D. No problem. I prefer playing badminton.
19. – “Mom, I have an earache.” _____
- A. Oh, we should go to the doctor now. B. Eat more fresh fruits, my dear!.
- C. You listened to music all day. D. Let's go out with me and you will be better.
20. I love my sister's paintings because she is very _____ in using colours.
- A. careless B. care C. creative D. imagine

Ex4. Find a mistake in each sentence and correct it.

1. The children would love eating French fries

2. Do your brother like riding a horse?

3. I enjoy to listen to music while I'm doing the cooking.

4. I think playing volleyball is interested because it is a team game.

5. They doesn't like making models in their free time.

Ex5. Read the passage and choose the correct answer (A, B, C or D) to fill in the blanks.

My cousin's name is Suri. She's 12 years old like me. She's a very creative girl. In her free time, she loves drawing and (1) _____ paper flowers. She can stay at home the whole day to draw or make paper flowers. Sometimes she (2) _____ these hobbies with me. She teaches me how to make colourful flowers and draw beautiful pictures. She usually gives me and my family members beautiful pictures and flowers as (3) _____ on our birthdays. She says that drawing makes her creative and making flowers (4) _____ her be more patient. She dreams of becoming an artist or an art teacher in the future. I (5) _____ that her dream will come true one day.

- | | | | |
|--------------|---------------|-----------|--------------|
| 1. A. making | B. makes | C. made | D. is making |
| 2. A. gets | B. has | C. shares | D. gives |
| 3. A. things | B. activities | C. awards | D. gifts |
| 4. A. tells | B. turns | C. helps | D. feels |
| 5. A. hope | B. tell | C. wish | D. find |

Ex6. Read the passage and choose the correct answer A, B, C or D.

In 2019, Spain was the healthiest country in the world. The secret is their Mediterranean diet. This diet focuses on healthy fats and proteins. This includes cold tomato soup, plenty of seafood (especially fish), and veggies. Spanish people say that they have some of the most delicious salads in the world. Due to the Mediterranean diet, the Spanish suffer from fewer diseases than the rest of the world.

Physical health is important, but mental health is important too. Eight out of ten Spanish people are happy. Why? A major reason is the weather. Spain has beautiful weather all year round. Another reason is that Spain is home to a lively and relaxing culture. The Spanish enjoy the simple pleasures of life.

- In 2019, Spain was the number _____ in health.
A. one B. two C. four D. ten
- The Mediterranean diet includes _____.
A. lots of vegetables B. red meat C. potato soup D. bread
- Spanish people _____.
A. have more diseases than the rest of the world.
B. have fewer diseases than the rest of the world.
C. have as many diseases as the rest of the world.
D. suffer from the highest number of diseases in the world
- Beautiful _____ makes the Spanish happy.
A. beaches B. houses C. weather D. flowers
- The Spanish enjoy _____.
A. good food B. simple pleasures C. good transportation D. good education

Ex7. Using the given words to complete the sentences.

1. Here / be / some / tips / help / you / keep fit.

2. Eat / right / foods / drink / enough / water.

3. Air pollution / be / really harmful / our health.

4. Going to bed / getting up / early / be / good / your health

5. I / like / garden / because / I / love / plants / flowers.

6. Make / models / develop / your / creativity.

7. Jog / make / you / strong / and / reduce / stress.

8. Alex/ keen/ photos. He/ photos/ every day.

Ex8. Rewrite the following sentences without changing the meaning, using the word given.

1. I find collecting glass bottles interesting.

→ My hobby

2. You shouldn't eat much fast food. You shouldn't eat sweetened food.

→ You shouldn't eat

3. It's a good idea to do exercise regularly.

→ You should

4. I like watching TV best.

→ My favourite hobby is

Ex9. Put the sentences in the correct order to make a logical text.

1. Topic: Hobby

a. Some people enjoy quiet activities like reading or painting.

b. Hobbies are important for relaxation and personal growth.

c. Others prefer more active hobbies such as sports or dancing.

A. b - a - c

B. b - c - a

C. a - c - b

D. c - a - b

2. Topic: Healthy Lifestyle

a. I also like to play sports and stay active.

b. So I try to eat lots of fruit and vegetables.

c. It's important to have a healthy lifestyle.

A. b - a - c

B. b - c - a

C. a - c - b

D. c - b - a

3. Topic: My Hobby

a. I enjoy taking pictures of nature and people because it helps me stay focus.

b. Photography is my favorite hobby.

c. I use my smartphone to take most of my photos and sometimes I edit the pictures on my computer.

d. I want to buy a real camera in the future.

A. a - c - d - b

B. b - a - c - d

C. c - d - b - a

D. d - b - a - c

4. I love playing traditional games. A traditional game is different from a modern one in many ways. _____

a. You have to find some friends to play the game with.

b. First, they are usually for groups.

c. Second, most of them are outdoor.

d. You can play in the playground, in the park, or anywhere you find enough space for the game.

A. a - b - c - d

B. b - a - c - d

C. c - d - b - a

D. d - b - c - a

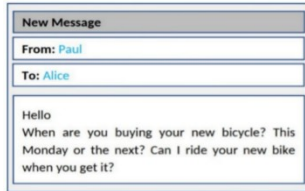
Ex10. Reading signs

1. Look at the sign. Choose the best answer for the question.



- A. Use your phone secretly.
- B. Silence your phone but keep using it.
- C. Avoid using phones to focus on your work.
- D. Only put your phone away during meetings.

2. What does Paul request from Alice in his message?



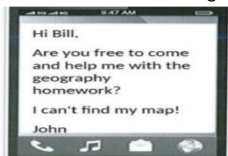
- A. To try out her new bicycle when she gets it
- B. To borrow money for a bicycle**
- C. To teach him how to ride a bicycle
- D. To go bicycle shopping together

3. Look at the signs. Choose the best answer for the question.



- A. You must ring the bell to ask for help.
- B. The bell will ring when you come in.
- C. The bell will ring when you go out.
- D. The staff will ring the bell for you.

4. What subject does John need help with?



- A. Geography
- B. History**
- C. English

D. Math

5. Look at the signs. Choose the best answer for the question.

- A. Pay attention when being on fire here.
- B. Extinguish fire inside. (dập tắt)
- C. Don't play with fire here.
- D. Exit in the event of a fire.



6. Look at the signs. Choose the best answer for the question.



- A. Seatbelts are suggested but not necessary.
- B. You should fasten your seatbelt for safety.
- C. It's fine to leave your seatbelt unfastened.
- D. Fastening your seatbelt is only important for the driver.