REVISION FOR THE MID-TERM TEST
FIRST TERM - ENGLISH 7
SCHOOL YEAR 2025- 2026

A. LANGUAGE AND SKILL FOCUS (NỘI DUNG ÔN TẬP) Unit 1, 2, 3

	TOPIC	PRONUNCIATION	VOCABULARY	GRAMMAR	COMMUNICATION SKILL
UNIT 1	**HOBBIES**	- Sounds /ɜ:/ and /ə/ - Stress on two – syllable words	Hobbies and verbs of liking and disliking	Present simple tense	Talk about different hobbies and benefits of hobbies
UNIT 2	**HEALTHY LIVING**	- Sounds /f/ and /v/ - Stress on three – syllable words	Healthy activities and health problems	Simple sentences	Ask for and give health tips
UNIT 3	**COMMUNITY SERVICE**	Final sounds /t/, /d/ and /id/	Community activities	Past simple tense	Give complements

- **<u>Skills:</u> Listen and read about the topics in Unit 1,2,3**

B. REFERENCE EXERCISES

I. PHONETICS

Choose the word whose underlined part is pronounced differently from the others.

1. A. n**<u>ur</u>**se B. pict**<u>ur</u>**e C. s**<u>ur</u>**f D. ret**<u>ur</u>**n
2. A. clean**<u>ed</u>** B. play**<u>ed</u>** C. gain**<u>ed</u>** D. cook**<u>ed</u>**
3. A. **<u>f</u>**lu B. **<u>f</u>**ast C. o**<u>f</u>** D. **<u>f</u>**eel

Choose the word which has a different stress pattern from the other three in each question.

4. A. benefit B. encourage C. donation D. recycle
5. A. community B. important C. volunteer D. performance
6. A. healthy B. disease C. sickness D. expert

II. VOCABULARY AND GRAMMAR:

Choose the word of phrase that best completes each sentence below.

7. _____ you _____ to school every morning?
A. Does/ walk B. Do/ walk C. Will/ walk D. Are/ walking
8. The Japanese eat a lot of fish instead of meat _____ they stay healthier.
A. but B. because C. although D. so
9. _____, hats and gloves can protect sensitive skin from sunburn.
A. Chapped lips B. Red spots C. Suncream D. Dry hair
10. My friends and I sometimes _____ blood to help patients in hospitals.
A. bring B. donate C. take D. make
11. Last year, our school organized a concert to _____ money for the poor.
A. earn B. get C. rise D. raise
12. Eating too much sugar is _____ to our health.
A. harmful B. harmless C. harm D. unharmed
13. Staying _____ shape is the most important health tip.
A. in B. at C. on D. with
14. My sister eats a lot of junk food so she is putting on _____ now.
A. weigh B. weight C. weights D. weighing

15. Let's do something _____ instead of watching TV!

A. outdoors B. outdoor C. indoors D. indoor

16. My friends and I _____ the streets in our neighbourhood every summer when we were small.

A. cleaned B. has cleaned C. were cleaning D. cleans

17. Why don't you take _____ a new hobby?

A. up B. in C. over D. after

18. My uncle _____ karate when he was young.

A. do B. does C. did D. done

19. My friends and I usually donate books and _____homeless children.

A. tutors B. tutoring C. tutor D. tutored

20. Our class _____away warm clothes to street children two days ago.

A. give B. gave C. have given D. will give

21. Doing volunteer work can _____ you feel more confident.

A. help B. force C. bring D. encourage

22. We need to spend less time _____ computer games.

A. play B. to play C. playing D. to playing

23. Mi: Nga, what is your favourite hobby?
Nga: "_____."

A. I love cooking C. My favourite subject is Math

B. I often cook dinner D. Yes, I like it

24. - Doctor: "Good morning. What can I do for you?" - Patient: "Good morning. ____"

A. I am fine. Thank you. C. I feel very bored.

B. I have got a bad cough. D. I want to know it, too.

25. Linda : "I heard that you had a bad headache yesterday, do you feel better now?" Linh : "_____, I feel pretty good."

A. Not bad C. Of course

B. Stay away from me D. Thanks for asking

26. Justin: "Send me a text message tomorrow."
Katie: "_____"

A. It's my pleasure B. What's your number?

C. Thank you, Justin. D. How dare you?

Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

27. What

A. You must be careful with drunk drivers.

B. You shouldn't carry glasses in your car.

C. You should be careful as there is a pub ahead.

D. You mustn't drive if you drink alcohol.

28. What is the meaning of the sign below?

A. Only students need to wear face masks.

B. You should only wear face masks are during lunchtime.

C. You must wear a face mask in this area.

D. Face masks are optional if you feel healthy

29. What does the sign mean?

A. Children can enter this place alone.
B. Children can't play in this area.
C. Only children can enter this place.
D. Children can't enter this area without their parents.

30. What does the sign mean?

A. You don't have to keep anything clean here.
B. You can not enter this area if it is dirty.
C. Someone comes to clean this place every day.
D. If you use this area, you must clean it. **III. READING**

Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

31. My Favorite Hobby

Playing the piano is my favorite hobby. _____. a.
I started learning how to play the piano two years ago.
b. I often play the piano in my free time.
c. It helps me relax and makes me happy.

A. a-b-c B. b-a-c C. c-a-b D. b - c - a

32. Choose the sentences that can end the text (in Question 31) most appropriately. A.
My dream is to become a famous pianist one day.
B. I also like reading books in my free time.
C. I often do my homework at home.

33. Healthy Eating Habits

Having a healthy diet is important. _____.
a. Moreover, you should drink enough water and shouldn't eat too many fried foods.
b. Eating healthy helps you stay strong and active.
c. It is important to eat a variety of foods, such as fruits, vegetables, and grains,…

A. a-b-c B. b-a-c C. c-a-b D. b - c - a

34. Choose the sentences that can end the text (in Question 33) most appropriately. A.
This way, you can enjoy your favorite junk food every day.
B. By following these habits, you can maintain good health and feel more energetic.
C. It is better to eat whatever you want without worrying about your health.

35. Helping the Community

Community service is important. _____.
a. Last weekend, I joined a group of students to clean up the local park.
b. We collected trash, planted trees, and painted benches to make the park more beautiful.
c. I felt great to help the environment and make our community a better place.

A. a-b-c B. b-a-c C. c-a-b D. b - c - a

36. Choose the sentences that can end the text (in Question 35) most appropriately. A.
I decided to buy new clothes for myself.
B. Many people thanked us for our hard work, and it made me feel proud.
C. After that, I went home and played video games all day.

Read the following announcement and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks

MY GRANDPARENTS' GARDEN

1. My grandparents (37)_____ a big garden with a lot of vegetables.
2. Vegetables come in different shapes, sizes, and (38) _____.

3. They grow carrots and potatoes (39)_____ the ground.
4. My grandfather says that coloured vegetables are very good for health (40)_____ they provide a lot of natural vitamins.

37. A. has B. have C. had D. will have
38. A. prices B. colour C. weight D. height
39. A. on B. above C. under D. at
40. A. so B. because C. but D. or

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions.

The benefits of voluntary work

Nowadays, volunteer work attracts a large number of attendants from different age groups because of its huge benefits. Firstly, voluntary work provides the **adolescents** many precious opportunities to develop social skills, foster independence and form the ability to deal with difficulties in different situations. Secondly, every member will be taught how to work in a team, the way to make conversation or the responsibility of finishing a task. The experience you gain will be **valuable** for your future, helping you tackle serious problems in later life. In addition, volunteer work can help us adapt to something new and make many new friends through regular activities of clubs or organizations. We can also have a chance to travel more and explore more interesting things we have not experienced before. In conclusion, it is very good to do voluntary work.

41. What is the main idea of the passage?
A. Voluntary work is only for young people.
B. Voluntary work is for everyone at different ages.
C. Voluntary work is difficult and boring.
D. Voluntary work is only done in clubs.

42. Which of the following is ***NOT true*** in the passage? A. Voluntary work helps people develop social skills.
B. Volunteers learn how to work in teams.
C. Voluntary work is only for adults.
D. Voluntary work can help people travel and explore.

43. Why does voluntary work attract people from different age groups? A. Because it is easy and doesn't require effort.
B. Because it offers many benefits and opportunities.
C. Because it is only for young people.
D. Because it is done only once a year.

44. The word "**adolescents**" in the passage refers to_____
A. Old people B. Teenagers
C. Children under 5 D. Adults over 30

45. The word "**valuable**" in the passage is **OPPOSITE** in meaning to:
A. useless B. important C. cheap D. easy

46. According to the passage, what is one benefit of voluntary work? A. It helps you learn how to work alone.
B. It helps you travel and meet new people.
C. It teaches you to avoid difficulties.
D. It stops you from making friends.

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks

Breakfast is the (47) _____ important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (48)_____ and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (49)_____ to concentrate. Surprisingly, breakfast actually plays an important part in weight control. It's easier to (50)_____ weight if you eat in the morning rather than later in the day. Dividing the day's calories (51)_____ three meals helps you keep fit more efficiently than (52)_____ breakfast and having two larger meals a day.

47. A. healthy B. tasty C. most D. main

48. A. strength B. effort C. energy D. power

49. A. unable B. enable C. capable D. able

50. A. put B. drop C. lose D. gain

51. A. into B. for C. in D. up

52. A. making B. skipping C. buying D. serving

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks Many people today are trying to live healthier lives. (53) _____. Some people also turn to natural remedies when they feel sick. (54) _____ For example, many drink ginger tea when they have a sore throat or feel cold.

However, not all natural remedies are safe for everyone. (55) _____ It's important to ask a doctor before using herbs, especially if you are already taking medicine. Even something natural can be harmful when used in large amounts.

(56) _____ Choosing safe options and learning more about your health can help you feel better and avoid serious problems in the future. A. Some herbs can cause side effects.

B. They exercise regularly, drink more water, and try to eat well.

C. They believe herbs can heal the body naturally.

D. Taking care of your body is a smart habit.

53 _ _ _ _ _ 54 _ _ _ _ _ 55 _ _ _ _ _ 56 _ _ _ _ _

IV. WRITING

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

57. She eats fruits and veggies every day, but she keeps gaining weight.

A. Although she eats fruits and veggies every day, she keeps gaining weight.

B. Although she keeps gaining weight, she eats only fast food.

C. Because she eats fruits and veggies every day, she keeps gaining weigh.

D. Although she doesn't eat fruits, she still gains weight.

58. It's a good idea to do exercise regularly.

A. You should never do exercise even if it's a good idea. B. You should do exercise regularly.

C. You should avoid doing exercise for good health. D. You should not do regular exercise.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.

59. Every year/ we/ collect/ old/ books/ clothes/ help/ poor/ children/ mountainous areas.

A. Every year, we collect old books and clothes to help poor children in mountainous areas.

B. Every year, collect we old books clothes help poor children mountainous areas.

C. We collect every year old books clothes to help children poor mountainous areas.

D. Every year, we help poor children collect old books and clothes mountainous areas.

60. volunteer / in / community/ make / difference. A.
Volunteer in community make difference.
B. Volunteers in the community make a difference.
C. Community volunteer make difference in.
D. Make volunteer difference in community.

Complete the sentences with given words.

61. Do / exercise / regularly / help / you / stay / healthy.
=> _____.
62. She/ enjoy/ read/ books.
=> _____.
63. She/ start/ the hobby/ when/ she/ 6.
=> _____.
64. Get/ enough/ sleep / night/ be/ good/ for/ you.
=> _____.
65. You/ can/ ride/ bike/ run/ or/ go/ swim.
=> _____.

Complete the second sentence so that it has a similar meaning to the first sentence, using the word in brackets.

66. She loves collecting old comic books. ***(fond)***
=> _____. 67.
She likes singing more than dancing. ***(prefers)***
=> _____. 68.
There are over two hundred stamps in Nam's collection. ***(has)***
=> _____.
69. My sister enjoys arranging flowers.
=> My sister's hobby_____.
70. My brother loves playing tennis. I love playing tennis.
=> My brother and _____.

_____The end and Good luck to you_____